

TRICYCLIC ANTIDEPRESSANTS (TCA)

TCA (Tricyclic Antidepressants) are commonly used for the treatment of depressive disorders. TCA overdoses can result in profound CNS depression, cardiotoxicity and anticholinergic effects. TCA overdose is the most common cause of death from prescription drugs. TCAs are taken orally or sometimes by injection. TCAs are metabolized in the liver. Both TCAs and their metabolites are excreted in urine mostly in the form of metabolites for up to ten days. The **One Step Multi-Drug Screen Test Card with the Integrated iCup®/iCup®^{AD}**, yields a positive result when the concentration of tricyclic antidepressants in urine exceeds 1,000 ng/mL. At present, the Substance Abuse and Mental Health Services Administration (SAMHSA) does not have a recommended screening cut-off for tricyclic antidepressant positive specimens.

S.V.T. SUMMARY

The strip contains chemically treated reagent pads. 3-5 minutes following the activation of the reagent pads by the urine sample, the colors that appear on the pads can be compared with the printed color chart card. The color comparison provides a semi-quantitative screen for any combination of oxidants/pyridinium chlorochromate (PCC), specific gravity, pH, nitrite, glutaraldehyde and creatinine in human urine which can help assess the integrity of the urine sample.

WHAT IS ADULTERATION?

Adulteration is the tampering of a urine specimen with the intention of altering the test results. The use of adulterants can cause false negative results in drug tests by either interfering with the screening test and/or destroying the drugs present in the urine. Dilution may also be employed in an attempt to produce false negative drug test results.

One of the best ways to test for adulteration or dilution is to determine certain urinary characteristics such as pH and specific gravity and to detect the presence of oxidants/PCC, specific gravity, pH, nitrite, glutaraldehyde and creatinine in urine.

- Oxidants/PCC** (Pyridinium chlorochromate) tests for the presence of oxidizing agents such as bleach and hydrogen peroxide. Pyridinium chlorochromate (sold under the brand name UrineLuck) is a commonly used adulterant.⁶ Normal human urine should not contain oxidants or PCC.
- Specific gravity** tests for sample dilution. The normal range is from 1.003 to 1.030. Values outside this range may be the result of specimen dilution or adulteration.
- pH** tests for the presence of acidic or alkaline adulterants in urine. Normal pH levels should be in the range of 4.0 to 9.0. Values outside of this range may indicate the sample has been altered.
- Nitrite** tests for commonly used commercial adulterants such as Klear or Whizzies. They work by oxidizing the major cannabinoid metabolite THC-COOH.⁹ Normal urine should contain no trace of nitrite. Preliminary positive results generally indicate the presence of an adulterant.
- Glutaraldehyde** tests for the presence of an aldehyde. Adulterants such as UrinAid and Clear Choice contain glutaraldehyde which may cause false negative screening results by disrupting the enzyme used in some immunoassay tests.⁸ Glutaraldehyde is not normally found in urine; therefore, detection of glutaraldehyde in a urine specimen is generally an indicator of adulteration.
- Creatinine** is a waste product of creatine; an amino-acid contained in muscle tissue and found in urine.² A person may attempt to foil a test by drinking excessive amounts of water or diuretics such as herbal teas to "flush" the system. Creatinine and specific gravity are two ways to check for dilution and flushing, which are the most common mechanisms used in an attempt to circumvent drug testing. Low creatinine and specific gravity levels may indicate dilute urine. The absence of creatinine (< 5 mg/dl) is indicative of a specimen not consistent with human urine.

PRINCIPLE

The **One Step Multi-Drug Screen Test Card with the Integrated iCup®/iCup®^{AD}** is an immunoassay based on the principle of competitive binding. Drugs which may be present in the urine specimen compete against their respective drug conjugate for binding sites on their specific antibody.

During testing, a urine specimen migrates upward by capillary action. A drug, if present in the urine specimen below its cut-off concentration, will not saturate the binding sites of its specific antibody. The antibody will then react with the drug-protein conjugate and a visible colored line will show up in the test region of the specific drug strip. The presence of drug above the cut-off concentration will saturate all the binding sites of the antibody. Therefore, the colored line will not form in the test region.

A drug-positive urine specimen will not generate a colored line in the specific test region of the strip because of drug competition, while a drug-negative urine specimen will generate a line in the test region because of the absence of drug competition.

To serve as a procedural control, a colored line will always appear at the control region, indicating that proper volume of specimen has been added and membrane wicking has occurred.

REAGENTS

Each test contains anti-drug mouse monoclonal antibody and corresponding drug-protein conjugates. The control line contains goat anti-rabbit IgG polyclonal antibodies and rabbit IgG.

S.V.T. REAGENTS

Adulteration Pad	Reactive indicator	Buffers and non-reactive ingredients
Oxidants/PCC	0.36%	99.64%
Specific Gravity	0.25%	99.75%
pH	0.06%	99.94%
Nitrite	0.07%	99.93%
Glutaraldehyde	0.02%	99.98%
Creatinine	0.04%	99.96%

PRECAUTIONS

- For healthcare professionals including professionals at point of care sites.
- Immunoassay for *in vitro* diagnostic use only. Do not use after the expiration date.
- The test cup should remain in the sealed pouch until use.
- All specimens should be considered potentially hazardous and handled in the same manner as an infectious agent.
- The used test cup should be discarded according to federal, state and local regulations.

STORAGE AND STABILITY

Store as packaged in the sealed pouch at 2-30°C (36-86°F). The test is stable through the expiration date printed on the sealed pouch. The test devices must remain in the sealed pouch until use. DO NOT FREEZE. Do not use beyond the expiration date.

SPECIMEN COLLECTION AND PREPARATION

Urine Assay

The urine specimen must be collected in a clean and dry container. Urine collected at any time of the day may be used. Urine specimens exhibiting visible precipitates should be centrifuged, filtered, or allowed to settle to obtain a clear specimen for testing.

Specimen Storage

For best results, test specimens immediately following collection. Storage of urine specimens should not exceed 2 hours at room temperature or 4 hours refrigerated (2-8°C) prior to testing.

MATERIALS

Materials Provided

- One Step Multi-Drug Screen Test Card with the Integrated iCup®/iCup®^{AD}** [Note: A Fahrenheit temperature strip is affixed to aid in the determination of specimen validity. Please use this temperature strip in conjunction with your Drug Free Policy (if applicable)].
- Adulteration color chart
- Security seal label
- Package insert
- Procedure card

Materials Required But Not Provided

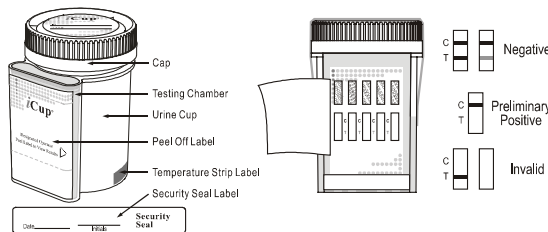
- A timer or any kind of a timing device such as a wrist watch is required to run this test.
- External controls

DIRECTIONS FOR USE

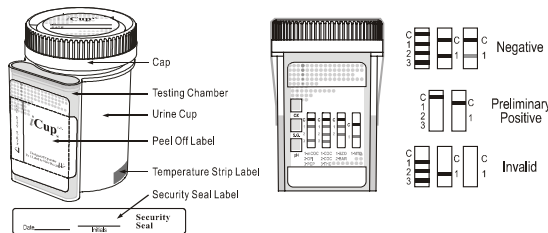
Allow the test cup, urine specimen, and/or controls to equilibrate to room temperature (15-30°C) prior to testing.

- Bring the pouch to room temperature before opening it. Remove the cup from the sealed pouch and use it as soon as possible.
- Donor provides specimen.
- Technician replaces and secures cap while the cup is on a flat surface.
- Donor dates and initials the security seal and attaches the security seal over the cup cap.
- Technician peels off label to reveal adulteration strip(s), if applicable.
- Technician peels off the label on the multi-drug test card to view results.
- The adulteration strip(s), if applicable, should be read between 2-5 minutes. Compare the colors on the adulteration strip to the color chart. If the results indicate adulteration, do not read the drug test results.
- If results do not indicate adulteration, read the drug test result at 5 minutes. The drug test results remain stable for up to sixty minutes. See the illustration below. For detailed operation instructions, please refer to the Procedure Card and Color Chart.
- If preliminary positive results are observed, please send the cup to the laboratory for confirmation.

Cup without SVT



Cup with SVT



INTERPRETATION OF RESULTS

NEGATIVE: * A colored line appears in the Control region (C) and a colored line appears in the Test region (Drug/T) next to a specific drug tested. This negative result means that the drug concentrations in the urine sample are below the designated cut-off levels for a particular drug tested.

***NOTE:** The shade of the colored line(s) in the Test region may vary. The result should be considered negative whenever there is even a faint colored line.

POSITIVE: A colored line appears in the Control region (C) and NO line appears in the Test region (Drug/T) next to the name of a specific drug tested. The positive result means that the drug concentration in the urine sample is greater than the designated cut-off for a specific drug.

INVALID: No line appears in the Control region (C). Insufficient specimen volume or incorrect procedural techniques are the most likely reasons for control line failure. Read the directions again and repeat the test with a new test cup. If the result is still invalid, contact your manufacturer.

SVT/ADULTERANT INTERPRETATION

(Please refer to the color chart)

Semi-quantitative results are obtained by visually comparing the reacted color blocks on the adulteration strips to the printed color blocks on the color chart. No instrumentation is required.

QUALITY CONTROL

A procedural control is included in the test. A line appearing in the Control region (C) is considered an internal procedural control. It confirms sufficient specimen volume, adequate membrane wicking and correct procedural technique.

Control standards are not supplied with this kit. However, it is recommended that positive and negative controls be tested as good laboratory practice to confirm the test procedure and to verify proper test performance.

LIMITATIONS

- The **One Step Multi-Drug Screen Test Card with the Integrated iCup®/iCup®^{AD}** provides only a qualitative, preliminary analytical result. A secondary analytical method must be used to obtain a confirmed result. Gas chromatography/mass spectrometry (GC/MS) is the preferred confirmatory method.^{1,4,3}
- There is a possibility that technical or procedural errors, as well as interfering substances in the urine specimen may cause erroneous results.
- Adulterants, such as bleach and/or alum, in urine specimens may produce erroneous results regardless of the analytical method used. If adulteration is suspected, the test should be repeated with another urine specimen.
- A positive result does not indicate level or intoxication, administration route or concentration in urine.
- A negative result may not necessarily indicate drug-free urine. Negative results can be obtained when drug is present but below the cut-off level of the test.
- This test does not distinguish between drugs of abuse and certain medications.
- A positive test result may be obtained from certain foods or food supplements.

S.V.T. ADULTERATION LIMITATIONS

- The adulteration tests, included with this product, are meant to aid in the determination of abnormal specimens. While comprehensive, these tests are not meant to be an all-inclusive representation of possible adulterants.
- Oxidants/PCC: Normal human urine should not contain oxidants or PCC. The presence of high levels of antioxidants in the specimen, such as ascorbic acid, may result in false negative results for the oxidants/PCC pad.
- Specific Gravity: Elevated levels of protein in urine may cause abnormally high specific gravity values.
- Nitrite: Nitrite is not a normal component of human urine. However, nitrite found in urine may indicate urinary tract infections or bacterial infections. Nitrite levels of > 20 mg/dL may produce false preliminary positive glutaraldehyde results.
- Glutaraldehyde: Is not normally found in urine. However certain metabolic abnormalities such as ketoacidosis (fasting, uncontrolled diabetes or high-protein diets) may interfere with the test results.
- Creatinine: Normal creatinine levels are between 20 and 350 mg/dL. Under rare conditions, certain kidney diseases may show dilute urine.

PERFORMANCE CHARACTERISTICS

Accuracy

A side-by-side comparison was conducted using the **One Step Multi-Drug Screen Test Card with the Integrated iCup®/iCup®^{AD}** and commercially available drug rapid tests. Testing was performed on approximately 300 specimens per drug type previously collected from subjects present for drug screen testing. Presumptive positive results were confirmed by GC/MS. The following compounds were quantified by GC/MS and contributed to the total amount of drugs found in presumptive positive urine samples tested.

Test	Compounds Contributing to GC/MS Totals
AMP	Amphetamine
BAR	Secobarbital, Butalbital, Phenobarbital, Pentobarbital
BUP	Buprenorphine
BZO	Oxazepam, Nordiazepam, α-Hydroxylprazolam, Desalkylflurazepam
COC	Benzovlecgonine
THC	11-nor-Δ ⁹ -tetrahydrocannabinol-9-carboxylic acid
MTD	Methadone
mAMP	Methamphetamine
MDMA	d,l-Methylenedioxymethamphetamine
OPI	Morphine, Codeine
OXY	Oxycodone
PCP	Phencyclidine
PPX	Propoxyphene
TCA	Nortriptyline

The following results are tabulated from these clinical studies:

% Agreement with Commercial Kit

Method	Predicate Test Results		% Agreement with Predicate Test	
	Positive	Negative		
AMP 1,000	Positive	129	0	>99%
	Negative	0	172	>99%
AMP 300	Positive	127	0	>99%
	Negative	0	173	>99%
BAR	Positive	126	1	>99%
	Negative	0	166	>99%
BUP	Positive	*	*	*
	Negative	*	*	*
BZO	Positive	131	0	>99%
	Negative	1	162	>99%
COC 300	Positive	112	1	>99%
	Negative	0	186	99%
COC 150	Positive	141	0	>99%
	Negative	0	159	>99%
mAMP 1,000	Positive	121	0	99%
	Negative	1	174	>99%
mAMP 500	Positive	108	39**	>99%
	Negative	0	153	80%

Compound	ng/mL
Aprobarbital	200
Butabarbital	75
Butalbital	2,500
Butethal	100
Cyclopentobarbital	600
Pentobarbital	300
Phenobarbital	100

BENZODIAZEPINES (BZO)	
Oxazepam	300
Alprazolam	196
α-Hydroxyalprazolam	1,262
Bromazepam	1,562
Chlordiazepoxide	1,562
Clobazam	98
Clonazepam	781
Clorazepate	195
Delorazepam	1,562
Desalkylflurazepam	390
Diazepam	195
Estazolam	2,500
Flunitrazepam	390
(±) Lorazepam	1,562
RS-Lorazepam glucuronide	156
Midazolam	12,500
Nitrazepam	98
Norchlordiazepoxide	195
Nordiazepam	390
Temazepam	98
Triazolam	2,500

BUPRENORPHINE (BUP)	
Buprenorphine	10
Norbuprenorphine	20
Buprenorphine 3-D-glucuronide	15
Norbuprenorphine 3-D-glucuronide	200

COCAINE 300 (COC)	
Benzoylcegonine	300
Cocaine	780
Cocaeethylene	12,500
Ecgonine	32,000

COCAINE 150 (COC)	
Benzoylcegonine	150
Cocaine	400
Cocaeethylene	6,250
Ecgonine	12,500
Ecgonine methylester	50,000

MARIJUANA (THC)	
11-nor-Δ ⁹ -THC-9 COOH	50
Cannabinol	20,000
11-nor-Δ ⁸ -THC-9 COOH	30
Δ ⁸ -THC	15,000
Δ ⁹ -THC	15,000

METHADONE (MTD)	
Methadone	300
Doxylamine	50,000

METHAMPHETAMINE 1,000 (mAMP)	
d-Methamphetamine	1,000
p-Hydroxymethamphetamine	30,000
l-Methamphetamine	8,000
3,4-Methylenedioxyamphetamine (MDMA)	2,000
Mephentermine	50,000

METHAMPHETAMINE 500 (mAMP)	
d-Methamphetamine	500
d-Amphetamine	50,000

Compound	ng/mL
d,l-Amphetamine	75,000
Chloroquine	12,500
3,4-Methylenedioxyamphetamine (MDMA)	1,000
p-Hydroxymethamphetamine	15,000
Mephentermine	25,000
(1R,2S)-(-)-Ephedrine	50,000
l-Phenylephrine	100,000
β-Phenylethylamine	75,000

METHYLENEDIOXYMETHAMPHETAMINE (MDMA)	
3,4-Methylenedioxyamphetamine (MDMA)	500
3,4-Methylenedioxyamphetamine (MDA)	3,000
3,4-Methylenedioxyethylamphetamine (MDEA)	300

OPIATE 300 (MOP)	
Morphine	300
Codeine	300
Ethylmorphine	6,250
Hydrocodone	50,000
Hydromorphone	3,125
Levorphanol	1,500
6-Monoacetylmorphine (6-MAM)	400
Morphine 3-β-D-glucuronide	1,000
Norcodeine	6,250
Normorphine	100,000
Oxycodone	30,000
Oxymorphone	100,000
Procaine	15,000
Thebaine	6,250

OPIATE 2,000 (OPI)	
Morphine	2,000
Codeine	2,000
Ethylmorphine	5,000
Hydrocodone	12,500
Hydromorphone	5,000
Levorphanol	75,000
6-Monoacetylmorphine (6-MAM)	5,000
Morphine 3-β-D-glucuronide	2,000
Norcodeine	12,500
Normorphine	50,000
Oxycodone	25,000
Oxymorphone	25,000
Procaine	150,000
Thebaine	100,000

OXYCODONE (OXY)	
Oxycodone	100
Naloxone	37,500
Naltrexone	37,500
Levorphanol	50,000
Hydrocodone	6,250
Hydromorphone	50,000
Oxymorphone	200

PHENCYCLIDINE (PCP)	
Phencyclidine	25
4-Hydroxyphencyclidine	12,500

PROPOXYPHENE (PPX)	
d-Propoxyphene	300
d-Norpropoxyphene	300

TRICYCLIC ANTIDEPRESSANTS (TCA)	
Nortriptyline	1,000
Nordoxepin	1,000
Trimipramine	3,000
Amitriptyline	1,500
Promazine	1,500
Desipramine	200

Compound	ng/mL
Imipramine	400
Clomipramine	12,500
Doxepin	2,000
Maprotiline	2,000
Promethazine	25,000

Effect of Urinary Specific Gravity

Fifteen (15) urine samples of normal, high, and low specific gravity ranges (1.000-1.037) were spiked with drugs at 50% below and 50% above cut-off levels respectively. The **One Step Multi-Drug Screen Test Card with the Integrated iCup[®]/iCup[®]AD** was tested in duplicate using fifteen drug-free urine and spiked urine samples. The results demonstrate that varying ranges of urinary specific gravity do not affect the test results.

Effect of Urinary pH

The pH of an aliquoted negative urine pool was adjusted to a pH range of 5 to 9 in 1 pH unit increments and spiked with drugs at 50% below and 50% above cut-off levels. The spiked, pH-adjusted urine was tested with the **One Step Multi-Drug Screen Test Card with the Integrated iCup[®]/iCup[®]AD**. The results demonstrate that varying ranges of pH do not interfere with the performance of the test.

Cross-Reactivity

A study was conducted to determine the cross-reactivity of the test with compounds in either drug-free urine or drug positive urine containing, Amphetamine, Barbiturates, Buprenorphine, Benzodiazepines, Cocaine, Marijuana, Methadone, Methamphetamine, Methylenedioxyamphetamine, Opiate, Oxycodone, Phencyclidine, Propoxyphene or Tricyclic Antidepressants. The following compounds show no cross-reactivity when tested with the **One Step Multi-Drug Screen Test Card with the Integrated iCup[®]/iCup[®]AD** at a concentration of 100 µg/mL.

Non Cross-Reacting Compounds

Acetaminophen	Creatinine	Ketoprofen	d-Pseudoephedrine
Acetophenetidin	Deoxycorticosterone	Labeltalol	Quinacrine
N-Acetylprocainamide	Dextromethorphan	Loperamide	Quinine
Acetylsalicylic acid	Diclofenac	Meperidine	Quindine
Aminopyrine	Diflunisal	Meprobamate	Rantidine*
Amoxicillin	Digoxin	Methoxyphenamine	Salicylic acid
Ampicillin	Diphenhydramine	Methylphenidate	Serotonin
l-Ascorbic acid	l-Ψ-Ephedrine	Nalidixic acid	Sulfamethazine
Apomorphine	β-Estradiol	Naproxen	Sulindac
Aspartame	Estrone-3-sulfate	Niacinamide	Tetracycline
Atropine	Ethyl-p-aminobenzoate	Nifedipine	Tetrahydrocortisone
Benzilic acid	l (-)-Epinephrine	Norethindrone	3-acetate
Benzoic acid	Erythromycin	Noscapine	Tetrahydrocortisone
Benzphetamine*	Fenoprofen	d,l-Octopamine	3-(β-D-glucuronide)
Bilirubin	Furosemide	Oxalic acid	Tetrahydrozoline
d,l-Brompheniramine	Gentisic acid	Oxolinic acid	Thiamine
Caffeine	Hemoglobin	Oxymetazoline	Thioridazine
Cannabidiol	Hydralazine	Papaverine	d,l-Tyrosine
Chloralhydrate	Hydrochlorothiazide	Penicillin-G	Tolbutamide
Chloramphenicol	Hydrocortisone	Pentazocine	Triamterene
Chlorothiazide	o-Hydroxyhippuric acid	Perphenazine	Trifluoperazine
d,l-Chloropheniramine	p-Hydroxytyramine	Phenelzine	Trimethoprim
Chlorpromazine	Ibuprofen	Trans-2-phenylcyclo	Tryptamine
Cholesterol	lproniazid	propylamine	d,l-Tryptophan
Clonidine	d,l-Isoproterenol	Prednisolone	Uric acid
Cortisone	Isoxsuprine	Prednisone	Verapamil
l-Cotinine	Ketamine	d,l-Propranolol	Zomepirac

*Parent compound only.

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